



# LAEF

## LOS ALAMITOS EDUCATION FOUNDATION

### McAuliffe Middle School Fall 2024: September 9 – December 20

Visit [LAEF4Kids.org](http://LAEF4Kids.org) to register.

Class Description and Teacher bios can be found at [LAEF4Kids.org/afterschool](http://LAEF4Kids.org/afterschool).

Day:	Grades:	Time:	Class:	Teacher:
Mon & Tues	6th-8th	3:30-5:00 PM	<b>Intro to Filmmaking @ LAHS</b>	Matthew Berry
Monday	6th-8th	3:15-4:30 PM	<b>Tennis Academy</b>	SC Tennis Academy
Wednesday	6th-8th	2:10 - 3:25 PM	<b>Uplift Yoga</b>	Uplift
Friday	6th-8th	3:15-4:15 PM	<b>Let's Communicate</b>	Casa Youth

### Early Bird Discount until Sept. 3

and increases \$15 starting on Sept. 4

#### Uplift Yoga – ONLY \$10

Join Uplift Yoga where you'll leave feeling connected and relaxed. Throughout the session you will have the opportunity to move through yoga practices, guided meditations, journaling activities, and more.

Class Dates: Sept. 11-Oct. 16

No class dates area as follows:  
November 27

#### Intro to Filmmaking @ LAHS – \$375

In this immersive course, students will delve into the essentials of filmmaking, covering the basics of camera operation, audio equipment, and video editing. Through hands-on experience, they will explore the art of visual storytelling and learn to capture high-quality footage. Working in collaborative groups, students will have the opportunity to brainstorm, plan, and produce engaging and imaginative videos alongside their (new) friends, fostering creativity and teamwork.

#### Let's Communicate – ONLY \$10

This group helps students learn about and improve their communication skills with adults, peers, and themselves. It will be run by two counselors from Casa Youth Shelter and FREE SNACKS will be provided.

Class Dates: Sept. 13-Dec. 20

No class dates area as follows:  
Oct. 25, Nov. 1 & 29



uplift

YOGA & STRENGTH

LET'S COMMUNICATE!  
**BETTER!**

#### Tennis – Only \$25!

Players develop an impressive understanding of tennis techniques, as well as a strong love for tennis as they prepare for FUNDamentals classes. We use a variety of drills and games to pique the interest of our new players.

Class Dates: Sept. 9-Dec. 9

No class dates area as follows:  
November 11 & 25

Sign up Here:



## TENNIS

