

# Girls Flag Football

**LAHS Head Coach, Laura Hart**

**2023 Summer Camps**

**Girls FLAG  
FOOTBALL**

**July 24-28**

**Middle/High School Camp: Incoming Grades 6-12**  
8:00 – 10:00am

**Cost:**  
**\$125.00**

**July 31-August 3**

**High School Camp Only: Incoming Grades 9-12** **\$100.00**  
6:00 – 7:30pm

**Where: Los Alamitos High School Turf Field**

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**How to Register:** Go to: [LAEF4Kids.org/camps](https://LAEF4Kids.org/camps)

Click on the “Register Now” button

Choose “Summer Sports Camps 2023” from the “Season” pull-down menu, then click “Apply Filter”

Find your session(s), create a profile/log-in and sign up!

You may also select Laura Hart in the “instructor” pull-down menu to further filter the camps.

**What you will need to bring:** Cleats/athletic attire and water

**Other Info:**

Minimum of 15 athletes in each camp to run.

Contact Laura Hart: [Lhart20@gmail.com](mailto:Lhart20@gmail.com)

E-mail Mike Kahn at [programdirector@LAEF4kids.org](mailto:programdirector@LAEF4kids.org) or call (562) 799-4700 ext. 80424

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