



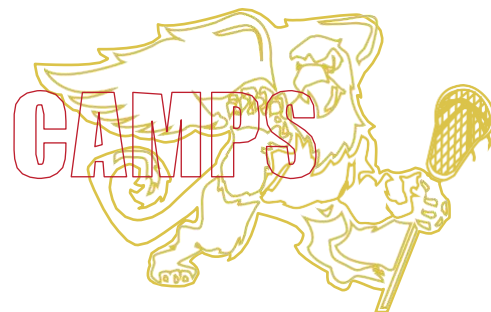
# LAHS Head Coach Gabriela Fukumura's Girls 2022 Summer Lacrosse Camps

**Griffins Prep:** Come learn the fastest growing sport in the world! Emphasis will be on scooping, throwing, catching, defending and cradling. Fun games and creative techniques will be used to help girls master the fundamentals. Coached by LAHS Girls Lacrosse head coach, staff and alumni/current players.

**Griffins:** Are you athletic? Do you have speed and strength? Are you looking for something new and different to re-ignite your passion for a competitive sport? Have you always wanted to try lacrosse? It is not too late! Our High School Camp will build your foundation for fundamental skills of lacrosse. If you are thinking of giving it a try in High School this is the best way to get a jump start! Our sport is wide open for those who are passionate, hardworking and eager to learn. Coached by LAHS Girls Lacrosse head coach and staff.

**Lacrosse sticks will be provided if one is needed!**

<b>INFO:</b>	<b>Griffins Prep</b> Grades 4 <sup>th</sup> – 8 <sup>th</sup> July 18 – 22 Mon. – Fri. 10:30am – 1:00pm	<b>Griffins – Beginners &amp; Returners</b> Incoming 9 <sup>th</sup> –12 <sup>th</sup> July 18 - 22 Mon. – Fri. 7:30 – 10:00am
<b>COST:</b>	\$125	\$175



**WHERE:** Los Alamitos district Field  
10293 Bloomfield St., Los Alamitos, 90720 – On the grass field

**WHAT TO BRING:** Must bring a mouth guard and goggles. Please bring a water bottle.

**REGISTRATION:** Go to [LAEF4kids.org/camps](http://LAEF4kids.org/camps)

Click on the “Register Now” button

Choose “Summer Sports Camps 2022” from the “Season” pull-down menu, then click “Apply Filter”

Find your session(s), create a profile/log-in and sign up!

Questions?

E-mail Mike at [programdirector@LAEF4kids.org](mailto:programdirector@LAEF4kids.org) or call 562-799.4700 ext. 80424

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