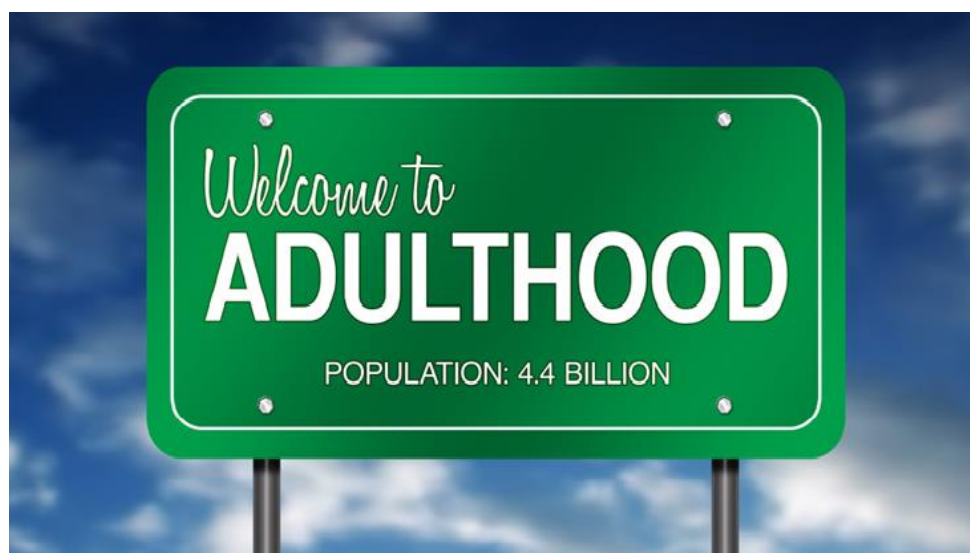


# Adulthood 101

Los Al USD Counselor, Emily Ledterman



- Personal Finance – EVERFI\* financial literacy curriculum, Marketplaces\* investing curriculum, Pathways\* financing higher education curriculum
  - Cooking (following a recipe), grocery shopping/meal planning
    - Basic house cleaning
      - Laundry and ironing, sewing a button
  - Home Repair (plunging a toilet, unclogging a sink) and car maintenance
    - Filling out job applications, resume creation, interviewing for a job
    - Manners/etiquette (professional communication), conflict resolution
  - Vaping\* and Alcohol\* education, K12 Prescription Drug Safety\* education (EVERFI)
    - Cars – used v. new, lease v. own, utilizing public transportation
  - Filing your taxes, paying bills (including addressing envelopes and writing checks)

**WHO: Students Entering Grades 9 – 12**

**WHEN: Session 2: July 5 – 15**  
**Monday – Friday**  
**8:15 – 10:05**

**WHERE: Oak Middle School**

**COST: Session 2: \$175 On or before June 1st**  
**• After June 1 – Fee increases by \$15**



**REGISTRATION:** Go to [LAEF4Kids.org/summer](https://LAEF4Kids.org/summer)

Click on the “Register Now” button. Choose “High School 2022 Summer Classes” from the “Season” pull-down menu, then click “Apply Filter.”

Find your session(s), create a profile/log-in and sign up!

Questions? E-mail [programdirector@LAEF4kids.org](mailto:programdirector@LAEF4kids.org) or call 562-277-6876