

LOS ALAMITOS HIGH SCHOOL

LACROSSE SUMMER CAMPS

2019

Girls Head Lacrosse Coach, Courtney Novak, will be holding 2 girl's lacrosse camps this summer for new or returning players.

JV/Non-varsity

Grades 8-12

July 22th - 24th

9 am - 1 pm

Check in starts at 8 am

This camp is for players who are eager to try out a new sport OR who have experience playing. The girls will be placed into groups based on age and ability.

cost: \$220

***Players will need to have a stick, goggles, and mouth guard in order to participate. Cleats are HIGHLY recommended!*

Varsity & (Invite Only)

July 25th - 27th

9 am - 1 pm

Check in starts at 8 am

This camp is fast paced and meant to grow upon an already established lacrosse skillset. For returning varsity players or for any player who has varsity potential. This camp is invite only.

cost: \$220

***Any JV or Incoming freshman players who have varsity potential may be invited to this camp from the JV camp at free of charge!*

TO REGISTER: Go to www.laef4kids.org/programs

1) Click on "Register for All Summer Programs" 2) Choose "Summer Sports Camps 2019" from the "Season" pull-down menu, then click "apply filter" 3) Find your session(s), create a profile/log-in and sign up!

***You may also select Courtney Novak in the "Instructor" pull-down menu to further filter the camps.*

**** Each camper will receive a reversible jersey and light snacks will be provided! Registration closes JULY 1st!**

[Questions? E-mail Coach Novak at courtney.novak495@gmail.com](mailto:courtney.novak495@gmail.com)

Email Mike Kahn at programdirector@laef4kids.org or call 562.799.4700 ext. 80424

LOCATION: LAUSD ~ 10293 Bloomfield St., Los Alamitos - On the grass field