

Griffin Girls Volleyball

2019 High School Summer Camp

Session 1: Advanced / Varsity Camp – July 22nd – Aug 2nd (7:00am – 10:00am)
(Players with approval from coach to attend)

Session 2: Beginners / Intermediate – July 22nd – July 31st (10:00am – 12:00pm)
(Returning FS/ JV players, new players at LAHS, and Players entering high school)

Where: **McGaugh Gym**

Cost: **\$210.00**
(Includes 2 Weeks of Summer Workout and T-Shirt)

How to Register:

Go to: www.laef4kids.org/programs

Click on the link: **“Sign up for Summer Programs”**

Choose: **“Sports Camps 2019”** from the **“Season”** pull-down menu,
then click **“Apply Filter”**

Find your session(s), create a profile/log-in and sign up!

What you will need to bring:

- **Indoor Athletic Shoes**
- **Water**
- **Completed Physical Forms** (Forms should be turned into Activities office at LAHS)

Other Info:

- The summer camp is open to any player looking to improve their skills. We will be working on both individual and team skills as well as conditioning.
- Tryouts for new players attending Los Alamitos H.S. will be held on Wednesday 31st at 10:00 am
Incoming 9th graders who make the team would have their schedules adjusted prior to registration on Thursday August 1st
- Contact: Dave Huber – davidrhuber@gmail.com
- Check our website losalgirlsvolleyball.com
- Follow us on Twitter [@LOSALvolleyball](https://twitter.com/LOSALvolleyball)

E-mail Mike Kahn at programdirector@LAEF4kids.org or call 562-277-6876