

**2018**

# Los Al HS Coach Mark Anthony Ruiz SUMMER WRESTLING CAMP

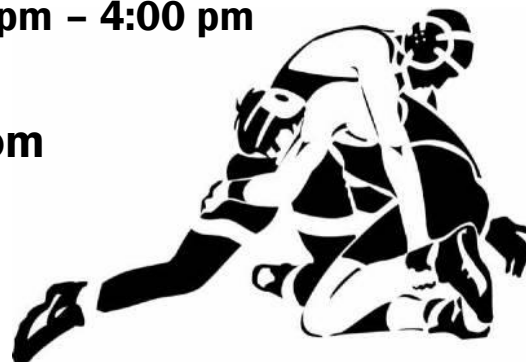
## Male & Female Students Entering Grades 6-12

**Date:** July 16-20

**Time:** 9:00 am – 11:00 am **and** 2:00 pm – 4:00 pm

**Where:** Los Alamitos Wrestling Room

**Fee:** \$150



This Summer Camp will be run by Coach Mark Anthony Ruiz.



The camp will cover the basics of wrestling for novice, advanced technique for experienced wrestlers, conditioning drills, and fun grappling games.

**Registration:** Go to [www.LAEF4kids.org/programs](http://www.LAEF4kids.org/programs)

Click on “All Summer Camps”

Choose “Summer Sports Camps 2018” from the “Season” pull-down menu, then click “Apply Filter”  
You may select the Coach’s name, “Mark Anthony Ruiz” in the “Instructor” pull-down menu to further filter the camps.  
Find your session(s), create a profile/log-in and sign up!

Questions? E-mail Mark at [markanthony@century21.com](mailto:markanthony@century21.com)

Proudly presented by:

