

Griffin Girls Volleyball

2018 High School Summer Camp

July 18th – August 31st (10 days, weekdays only)

Session 1: Advanced Camp - 7:00am – 10:00am
(Players with varsity experience)

Session 2: Intermediate and Beginners Camp - 10:00am – 12:00pm
(Players with some high school experience and players entering high school)

Where: Los Alamitos High School Gym

Cost: \$210.00
(Includes 2 Weeks of Summer Workout, LAEF Registration Fees, and T-Shirt)

How to Register:

Go to: www.laef4kids.org/programs

Click on the link: “Sign up for Summer Programs”

Choose: “Sports Camps 2018” from the “Season” pull-down menu, then click “Apply Filter”

Find your session(s), create a profile/log-in and sign up!

What you will need to bring:

- **Indoor Athletic Shoes**
- **Water**
- **Completed Physical Forms** (Forms should be turned into Activities office at LAHS)

Other Info:

- The summer camp is open to any player looking to improve their skills. We will be working on both individual and team skills as well as conditioning.
- Tryouts for new players attending Los Alamitos H.S. will be held on Tuesday July 31st at 10:00 am
Incoming 9th graders who make the team would have their schedules adjusted prior to registration on Thursday August 2nd
- Contact: Dave Huber – davidrhuber@gmail.com
- Check our website losalgirlsvolleyball.com
- Follow us on Twitter [@LOSALvolleyball](https://twitter.com/LOSALvolleyball)

E-mail info@LAEF4kids.org or call 562-799-4700 ext. 80424

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