

LAHS Head Aquatics Coach Brent Danna's 2018 Summer Water Polo Camps



Brent Danna, LAHS Head Water Polo Coach & Swim Coach and his staff would like to teach incoming grades 9-12, the skills necessary to be the best during the upcoming high school season! The Los Alamitos High School Boys and Girls Summer Water Polo Camps will be broken into two camps.

Water Polo Camps: Our High School Training Program focuses on providing training that addresses the fundamental skills necessary to have success at any level. The camp is a prep camp for the upcoming high school season and conditioning week. We encourage all athletes interested in training in an environment that focuses on high self-esteem, attention to detail and success through positive reinforcement to join for training.

INFO:	Advanced (Boys) <u>By Invitation Only</u>	Beginner/Intermediate (COED)
	Grades 9 th – 12 th	Grades 9 th – 12 th
	July 9 – July 26	July 9 – July 26
	Mon. – Thurs.	Mon. – Thurs.
	6:00am – 7:00am (Weights)	11:30pm – 1:30pm
	7:00am – 9:00am (Pool)	

COST:	\$300*	\$200*
	*Covers weight room instruction, water polo instruction and all administrative costs (pool, weight room, insurance, credit card processing, etc.)	

WHERE: Los Alamitos High School
3591 W. Cerritos Ave., Los Alamitos, 90720 – In the pool and in the weight room

REGISTRATION: Go to www.LAEF4kids.org/programs
Click on "All Summer Programs"
Choose "Summer Sports Camps 2018" from the "Season" pull-down menu, then click "Apply Filter"
Find your session(s), create a profile/log-in and sign up!
You may also select the Coach's name in the "Instructor" pull-down menu to further filter the camps.

Questions? E-mail Brent Danna at BDanna@losal.org
E-mail Mike Kahn at programdirector@LAEF4kids.org or call 562-799-4700 Ext. 80424

