

LAHS Head Coach Tim Fox

Boys 2017 Summer Lacrosse Camps



Tim Fox, LAHS Head Boys Lacrosse Coach and UC Irvine Men's Lacrosse Coach and his staff would like to teach your sons the fastest growing sport in the west, Lacrosse!

The coaches will focus on skills, drills and games designed for the campers to get better while having fun! Players will work on all their lacrosse skills including footwork and stick-work daily through experienced, detailed instruction and live action drills for the first half of every session, while playing games, scrimmages, and working at more advanced drills in the second half. The drills and experience will vary daily with new additions every day, including demos. Players will be split by age or experience level if and where needed throughout the camp, all players will improve working one on one with the coaches during camp and experiencing lacrosse with their peers. We coach with and expect all campers to show dedication, sportsmanship, and respect for the game.

INFO:	<u>Camp 1</u>	<u>Camp 2</u>
	Incoming Grades 2 nd – 8 th July 25 th – 28 th Tuesday – Friday 11:00am – 2:00pm	Incoming Grades 9 th – 12 th July 25 th – 28 th Tuesday – Friday 3:00pm – 6:00pm
COST:	\$220	\$220

Includes: Reversible Los Al Lax camp pinnie, snacks, water, and daily raffle for lax gear.

WHAT TO BRING: Camp 1 – Bring whatever equipment you own and be dressed ready to play.
Camp 2 - Bring your own equipment and be dressed ready to play.

WHERE: Los Alamitos High School- Los Al Stadium Turf Field
3591 W. Cerritos Ave., Los Alamitos, 90720

REGISTRATION: Go to www.LAEF4kids.org/programs

Click on "Register for Summer Sports Camps"

Choose "Sports Camps 2017" from the "Season" pull-down menu, then click "Apply Filter"

Find your session(s), create a profile/log-in and sign up!

You may also select the Tim Fox in the "Instructor" pull-down menu to further filter the camps.

**** (25 Player minimum needed for camp to run)**



Questions? Contact Tim Fox at allseasonslax@yahoo.com

E-mail Mike Kahn at programdirector@LAEF4kids.org or call 562-799-4700 Ext. 80424

Proudly presented by:

