



# LAEF

LOS ALAMITOS EDUCATION FOUNDATION



2017 Course  
Catalog-  
High School  
Edition

Grades 9-12

\*Grade indicated in Catalog is student grade level for Fall 2017\*

Main Location:

Los Al High School

3591 W. Cerritos Ave.  
Los Alamitos, CA 90720

Contact LAEF at (562) 277-6876  
Email [programdirector@laef4kids.org](mailto:programdirector@laef4kids.org)

Visit

[www.LAEF4kids.org/programs](http://www.LAEF4kids.org/programs)

to register for  
classes!



## High School Classes

Gain a new skill set and get into a better college with summer classes!



### Registration Deadlines for "SEI" classes only!

Early Bird Reg.

**March 22- May 24**  
For the best deals on our Summer High School classes, take advantage of our Early Bird Registration!

Registration

**May 25- June 20**  
Class rates go up by \$15 per class after 5/24. Don't wait!

Late In Person

**June 26 (Onsite)**  
Registration onsite at Rossmoor Elementary Only for classes with availability. There will be a \$25 late fee/class.

# Summer Enrichment Institute Classes

## Session 1: June 26-July 7 (No Class: 7/4)

Class Title:	Dates:	Time:	Instructor:	Grade Level:	Through 5/24 Fee:	After 5/24 Fee:	Location:
Jewelry Making	6/26-7/07	8:30-10:20	Ferrell	6th-12th	\$175	\$190	LAHS
Preparing for the College Essay	6/26-7/07	9:00-10:50	Weintraub	9th-12th	\$175	\$190	
Drivers Education*	6/26-6/29	9:00-4:00	Kanor	15.5 years	\$110	\$125	
3-Dimensional Photography	6/26-7/07	9:00-10:50	Rothstein	6th-12th	\$175	\$190	McAuliffe
College Application Workshop	6/26-6/30	11:00-12:50	Riekenberg	11th	\$99	\$114	LAHS
Personal Finance - Money Smart	6/26-7/07	11:00-12:50	Hennings	9th-12th	\$175	\$190	
Ukulele Sessions			Beck	6th-12th	\$175	\$190	McAuliffe



**\*Purchase your first class at full price, then receive 25% off your second class, and 50% off every class thereafter!**

Multi-Class discounts are available for the family or individual student, Kindergarten through 12th grade.

**This discount is not applicable for H.S.F.C. classes.**

# SESSION 2 Classes: July 10-21

Class Title:	Dates:	Time:	Instructor:	Grade Level:	Through 5/24 Fee:	After 5/24 Fee:	Location:
Jewelry Making	7/10-7/21	8:00-9:50	Ferrell	6th-12th	\$190	\$205	LAHS
Project Lead The Way	7/10-7/14	9:00-10:50	Valenzuela	8th-10th	\$90	\$105	

High School SEI & H.S.F.C. AT A GLANCE



## H.S. FOR CREDIT CLASSES: June 21-July 26 (No Class: 7/4)

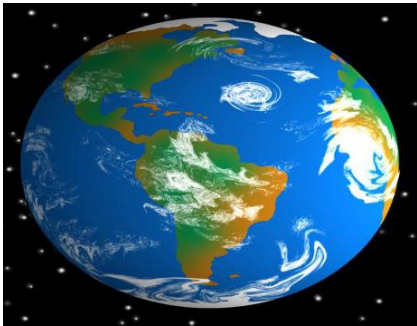
Online For Credit:						
American Political Traditions (Orientation 6/21 @ 1pm)	6/21-7/26	Online	Heeren	12th	\$195	Online
Economics (Orient. 6/21 @ 1:30pm)	6/21-7/26	Online	Heeren	12th		
Health (Orientation Date & Time: TBD)	6/21-7/26	Online	Ostmann	11th-12th		



For Credit Registration: Available online through June 14, 2017.

*In-Person Late Registration – June 20, 2017 at 10:00 a.m. at Los Alamitos High School; a \$25 late fee will apply.*

# LAEF's Course Descriptions:



## American Political Traditions (Online)- For Credit: \*\*Mandatory Orientation June 21 at 1pm\*\*

American Political Tradition is a one-semester required course that covers the California Content Standards in American Government. As such, it covers features of our United States political systems- national, state, and local. The intent has been to provide a course that is conceptual and interdisciplinary in approach. While emphasizing political science, it includes insights from psychology, anthropology, sociology, history, and economics.

- **College Application Workshop:**

Students will begin to research and build a college list identifying what values are important to finding schools that are the “right fit.” Rising seniors will have the opportunity to begin the college application process. We will go over various types of college applications, the personal statement, letters of recommendations, creating resumes and a brag sheet.

- **3-Dimensional Photography:**

Picture yourself as a visual communicator! With creativity and a focus on education, students will learn to capture images to tell stories, convey information, and evoke emotions. Starting with basic techniques of digital photography, this project and production based class will explore 3-D in the way we experience the world, and teach students to produce simple and advanced 3-D images. **\*Students must provide their own digital camera to use in class. A camera phone will also work.\***



- **Driver's Education:**

This in-class teen Driver's Education program is approved by the DMV to comply with California requirements to earn an instructional permit. **\*This class does not cover behind-the-wheel training.**

- **Economics (Online)- For Credit: \*\*Mandatory Orientation June 21 at 1:30pm\*\***

Economics is a one-semester required course that covers the California Content Standards in Economics. It is designed to provide students with the tools of economic analysis in order to better understand personal, community, national, and international economic issues. The student will be provided an overview of macro-economic and micro-economic principles, as well as relevant consumer economic information. The course covers seven units:

- |                             |                             |                       |
|-----------------------------|-----------------------------|-----------------------|
| I. The Game of Economics    | II. Consumers and Producers | VII. Personal Finance |
| III. Supply and Demand      | IV. Money and Markets       |                       |
| V. Governmental Involvement | VI. Global Economics        |                       |

- **Health (Online)- For Credit: \*\*Mandatory Orientation Date and Time: TBD\*\***

Health is an internet-based survey course covering the major issues in physical, mental and social health for adolescents. It satisfies the Health requirement for a high school diploma. Topics covered include nutrition and exercise, mental and emotional health, safe and healthy relationships, growth and development, sexual health, substance abuse issues, and injury prevention. The course comprises a text, video presentations, news articles and scientific studies, interactive discussion groups and special projects to demonstrate learning. The course can be completed on an accelerated schedule of three weeks with an on-campus final exam, or on the regular five-week schedule with an on-campus final exam. **Health is NOT a requirement for the class of 2020 graduates and beyond!**

## More LAEF Course Descriptions:



- **Jewelry Making:**

This hands-on visual art class will introduce the basics of jewelry design and construction. Students will create unique, wearable artworks. Safety demonstrations and step-by-step instruction will lead students through a variety of techniques including: basic ring making, cuttle fish casting, and bead and wire work. Students will be proud to wear or gift their Jewelry!

- **Personal Finance – Money Smart**

Hey students! Did you know that you'll earn more than \$1 million in your lifetime? Making and keeping wealth requires a financial plan. Students will develop the "money smarts" to budget, track expenses, open a bank account, manage credit, invest and even land a job. Upon completion students will be able to make wise financial choices.



- **Preparing for the College Essay:**

This is an ideal course for students who will be applying to colleges and universities. This 2-week course will guide students to writing an effective college essay. Students will gain tips, be guided through revisions and have a polished essay ready to submit to colleges. All students will receive a book titled, "Conquering the College Admissions Essay in 10 Steps" by Alan Gelb.

- **Project Lead The Way Gateway Academy:**

Project Lead The Way Gateway Academy is an engaging, hands-on STEM summer experience designed to inspire creativity, develop self-confidence, and introduce students to the LAHS Engineering and Design Pathway. The experience is ideal for students currently in grades 8 thru 10 who enjoy learning how things work, exploring new ideas and concepts, and working with others on design activities.



- **Ukulele Sessions:**

This beginning Ukulele class is tailored to students with or without a music education and quickly gets them to a place of understanding so they can start to read and play on their own! Students will learn chords in first position, strumming and fingerstyle techniques, scales and cool riffs. Students will learn how to read a chart and perform from it. We will be alternating between the Ukulele Aerobics book and learning some fun and easy songs and finally graduating to a song called "You've got a friend in me" written by Randy Newman featured in the movie "Toy Story"! There will be a performance during the last class! **\*\*Student must provide their own ukulele.\*\***



# Meet our highly qualified H.S. Teachers!

**Ashley Beck (Ukulele Sessions)**- Ashley is a performer and teacher with over 25 years of experience in guitar, vocal technique, and ukulele. She is an accompanist and studio singer. Ashley has dedicated herself to the art of making people smile through music.

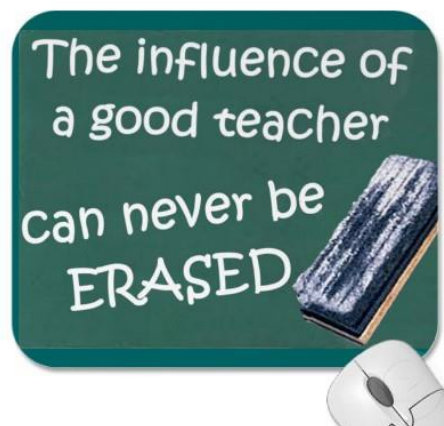
**Jeff Heeren (Online American Political Traditions and Online Economics)**- Mr. Heeren has been teaching social studies at Los Alamitos High School for almost a decade, and helped to pioneer the on-line government course. Before teaching at LAHS, he earned a BA in History from Whitman College, and an MA in History from the University of California, Irvine. He earned his teaching credential from CSULB, and when not teaching high school, Mr. Heeren is an instructor at Cerritos College.

**Kanor Driving School (Driver's Education)**- All of Kanor's driving instructors have passed industry standardized tests as well as in-house testing prior to becoming a member of their staff. You can be confident that Kanor's instructors know exactly what it takes to help the student reach their goal of becoming an educated driver.

**Rose Henning (Personal Finance – Money Smart)**- Rose is a highly-qualified teacher who is a Griffin for life. Educated in the Los Alamitos school system and at California State University, Long Beach, she has taught Entrepreneurship and Accounting at LAHS for 15 years. She currently teaches Business Finance and Retail Careers with North Orange County ROP.

**Bob Ostmann (Online Health)**- Robert Ostmann has been a Los Alamitos teacher for 24 years. He has taught elementary school and in high school a variety of subjects including health, biology, English, applied science and video production. Ostmann came to teaching from journalism where he worked as a reporter and editor for newspapers in Detroit, Minneapolis and Orange County. He is the author of a book, Acid Rain: A Plague Upon the Waters.

**Shelley Riekenberg (College Application Workshop)**- Shelley Riekenberg is the Counselor that oversees the College and Career Center at Los Alamitos High School. She has worked at the high school for four years and has been in education for six years. Mrs. Riekenberg completed her Bachelor's degree at Cal State Fullerton University where she studied Communications. She earned her Master's degree in Education and PPS Credential at Azusa Pacific University. To continue her education and passion to learn more about the college admission process, Mrs. Riekenberg has taken several College Counseling classes through UCLA Extension.



## Meet more highly qualified H.S. Teachers!

**Barry Rothstein (3-Dimensional Photography)**- Barry Rothstein is a "stereographer", a 3-D photographer. Barry earned his B.A. in psychology from University of California San Diego and his M.A. in applied behavior analysis from Western Michigan University. Mr. Rothstein has exhibited and taught 3-D technique at that last eight San Francisco Bay Area Maker Faires, one in New York, two in San Diego and at the Los Angeles County Science Fair in Pasadena. Over the past twelve years he has won several awards for his images, and has published five books of 3-dimensional photography. His specialty is "photographic phantograms", a style of reach-out-and-touch 3-D images. At national and international 3-D conventions he regularly teaches his techniques. Barry is excited to teach the students of Los Al this summer for LAEF!

**Arnold Weintraub (Preparing for the College Essay)**- Dr. Weintraub has been teaching since 1966. He received his BA degree from the University of Nebraska at Omaha with a double major in English and Speech Communication. He received his MA and PHD degrees in Speech Communication from the University of Nebraska at Lincoln. He taught English at every level, ranging from remedial through AP Honors. He coached Debate for 11 years at Omaha Central High School. He has also taught several courses in Speech Communication at El Camino College and Golden West College. Dr. Weintraub is an enthusiastic teacher and served as a walk-on coach at Los Alamitos High School, coaching the Debate team and the Mock Trial team.

**Martin Valenzuela (Project Lead The Way Gateway Academy)**- Martin Valenzuela, Los Alamitos High School Engineering Teacher, graduated from DeVry University with a B.S. in Technical Management and received teaching credential from Cal State Long Beach. After 15 years in product design and manufacturing, he recently transitioned to teaching Engineering Pathway courses: Introduction to Engineering Design, Principles of Engineering, and Computer Integrated Manufacturing through Project Lead the Way. When not absorbed in busy family life, interests revolve around classic automotive restoration projects.



## Additional Information about High School Enrichment Classes and “For Credit” Classes:

**Session One: June 26- July 7 (No Classes: 7/4)**

**Session Two: July 10- July 21**

**HSFC: June 21-July 26 (No Classes: 7/4)**

**Most High School Enrichment classes will be at LAHS.**

**Los Alamitos High School located at:  
3591 W. Cerritos Ave., Los Alamitos, CA 90720**

### Registration:

All registration will be completed on-line. Registration will be on a first come, first served basis.

*A minimum enrollment of 8 students is required to be able to run enrichment classes. 12 students are required for “for credit” classes.*

**Please visit [www.LAEF4kids.org/programs](http://www.LAEF4kids.org/programs) to register for SEI classes.**

\* Early Bird Registration: 3/22-5/24 (Don't miss out on the best deal!)

\*Regular registration: 5/25-6/20

\*Late In-Person registration: Session 1- June 26

**\*\*Please note there will be a \$25 late fee per class.\*\* Register early! Summer class sizes are limited to 17 students per class. See page #2 for High School For Credit registration information.**

### Behavior Expectations:

It is the goal of the Los Alamitos Education Foundation (LAEF) to provide a positive, safe, and secure learning environment for all students. To ensure that all students have equal access to success and a sense of well-being during the LAEF Summer Enrichment Institute, we expect that students behave appropriately. Participating in SEI is a privilege and if a student has to be removed from a SEI classroom on more than one occasion, the course fee will be forfeited and the child will no longer be able to participate in 2017 SEI courses.

### Refund Policy:

Tuition is non-refundable unless LAEF cancels the class due to the minimum enrollment not being met. If your child registers late, misses classes, or withdraws before the end of the session, you are still responsible for the full fees of the session.

Refunds/Cancellations for FOR CREDIT classes: Only the parent or guardian may request a refund. A \$25.00 fee will be charged for each refund granted. **NO Refunds after June 22, 2017.**

### Scholarships:

Limited partial scholarships are available on a first come, first served basis. Applications are available at [www.LAEF4kids.org/scholarships](http://www.LAEF4kids.org/scholarships). Please email completed applications to [info@LAEF4kids.org](mailto:info@LAEF4kids.org).

Summer Sports Camps and Music Camps have their own scholarship availability. If you're interested in a scholarship, please email Michele, LAEF's Programs Coordinator at [info@LAEF4Kids.org](mailto:info@LAEF4Kids.org) or call our office at 562.799.4700 Ext. 80424.

### Multi-Class Discount:

Multi-class discounts are available! Purchase your first class, then receive 25% off the second class and 50% off any class thereafter. Discount applied to family or individual student. Discount applied to SEI programs only. **This does NOT apply to FOR CREDIT classes.**

### Music and Summer Sports Camps with LAHS Staff:

Registration information and flyers will be updated to our website at [www.LAEF4kids.org/summer](http://www.LAEF4kids.org/summer) as the programs get closer to their start dates. Please check back frequently for updates.

### **\*\*High School For Credit Classes:**

HSFC Registration information forms will be available on our website [www.LAEF4kids.org/programs](http://www.LAEF4kids.org/programs) as well as in the Counseling office at Los Al High School on a date TBD.